

It Is Our Light ...

Our deepest fear
 is not that we are inadequate.
Our deepest fear
 is that we are powerful beyond measure.
It is our light,
 not our darkness,
 that most frightens us.
We ask ourselves,
 “Who am I to be brilliant,
 gorgeous, talented, fabulous?”

Actually, who are you not to be?
You are a child of God.
Your playing small doesn't serve the world.
There's nothing enlightened about shrinking
 so that other people
 won't feel insecure around you.

We were born to make manifest
 the glory of God that is within us.
It's not just in some of us;
 it's in everyone.
And as we let our own light shine,
 we unconsciously give other people
 permission to do the same.

As we are liberated from our own fear,
 our presence automatically liberates others.